



4<sup>th</sup> February 2022 – Weekly Newsletter

### Children's Mental Health Week

Next week in school the children will be participating in a whole week of activities to do with good mental health. They can look forward to a week of fun including:

- Physical activities to show the link between physical and mental health
- Circle time to talk about identifying feelings and how to address them
- Breathing exercises and "mindful minutes" to reduce stress
- Art activities to show outlets for creativity
- Nature activities to show the link between contact with nature and good mental health
- Mindfulness activities such as meditation and yoga

On Friday this will be finished off with a "Dress to Impress" day, where children are encouraged to express themselves through their clothes and hair. They can be as creative as they like with this and we really look forward to seeing how the children express themselves.

### Chinese New Year

This week it has been nice to see the children celebrating Chinese New Year in school. From Nursery to Year 2 we have seen a whole variety of learning activities that the children have enjoyed. As you can see from the photos, these activities have certainly engaged the children across school.

Congratulations to this week's achievers:

Awards for week ending 04-02-2022

	Kindness	Pupil of the week	Learner of the week
Class 1	Michaela Appleton	Jacob Spence	Harry Kirwin
Class 2	Ruby Clayton	Lehon Hassan	Arron Charlton
Class 3	Harmony Scott	Indie Moore	Lyla Moore
Class 4	Nathan Tony	Tiana Simpson	Bailey Musgrove-Bell
Class 5	Evie May Hall	Elijah Oxley	Cruz Hope
Class 6	Oliver Hone	Theo Miles	Harper Ornsby

### Attendance

Classes attendance this week:

1 <sup>st</sup> Class 6	96%	2 <sup>nd</sup> Class 1	95%
3 <sup>rd</sup> Class 2	94%	4 <sup>th</sup> Class 5	93%
5 <sup>th</sup> Class 3	92%	6 <sup>th</sup> Class 4	89%

**\*\*\* Whole School – 94% \*\*\***

### Lucky Reading Stars

Zara Vaux	Frankee Potts
Leon Tallentire	Robbie-Thomas Beal
Indie Moore	Jack Hall
Brooklyn Lindsay	Oliver Hone
Denis Balaban	Lucas Hall
Junior Bell	Leighton Brown
Olivia Chapman	Kaelyn Hall
Charlotte Creamer	Luke Donnelly

Please do not enter the school yard before 8.45am. Our insurance does not cover the children playing there at this time. Thank you.

### Upcoming Events

Monday 7 <sup>th</sup> February	-	Year 1 Forest School Club continues
Wednesday 9 <sup>th</sup> February	-	Year 2 Lexia Club continues



# Taylor Shaw

Seeing food differently

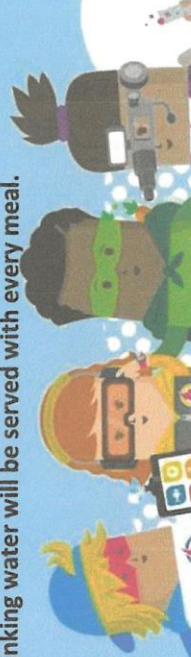
## Autumn/Winter 2021 Menu - Week Three

Cockton Hill Infant School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Corned Beef Pie with New Potatoes and Gravy</p> <p>Cheesy Pasta bake (v)</p> <p>Jacket Potato with a selection of fillings</p> <p>Sliced Carrots Sweet Garden Peas Fresh Salad Selection</p> <p>Chocolate Sponge with Chocolate Sauce</p>	<p>Creamy Chicken Curry with Wholegrain Rice</p> <p>Wholemeal Cheese and Tomato Pizza (v) with Baked Jacket Wedges</p> <p>Jacket Potato with a selection of fillings</p> <p>Sweetcorn Broccoli Florets Fresh Salad Selection</p> <p>Vanilla Cookie with Apple Slices</p>	<p>Roast Pork Loin with Roast Potatoes, Apple Sauce and Gravy</p> <p>Pasta Bolognese (v)</p> <p>Jacket Potato with a selection of fillings</p> <p>Mixed Vegetables Cabbage Fresh Salad Selection</p> <p>Cornflake Tart with Custard</p>	<p>Mince Cobbler with Creamed Potato</p> <p>Baked Omelette (v) with New Potatoes</p> <p>Jacket Potato with a selection of fillings</p> <p>Sliced Carrots Green Beans Fresh Salad Selection</p> <p>Chocolate Orange Crunch with Orange Wedge</p>	<p>Lightly Battered Fish and Chips with Tomato Sauce</p> <p>Sausage in a Bun (v) with Chips and Tomato Sauce</p> <p>Jacket Potato with a selection of fillings</p> <p>Sweet Garden Peas Baked Beans Fresh Salad Selection</p> <p>Rice Pudding with Jam Sauce</p>

Available Daily

Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts.  
Drinking water will be served with every meal.



Seafood with this mark comes from an MSC certified sustainable fishery [www.msc.org](http://www.msc.org)



MSC-C-50236